



NATIONAL CENTERS OF
EXCELLENCE
IN WOMEN'S HEALTH

**Minority
Health
Initiatives**

May 2000

OFFICE ON WOMEN'S HEALTH
U.S. DEPARTMENT OF HEALTH
AND HUMAN SERVICES

The National Centers of Excellence (CoEs) in Women's Health were established by the U.S. Public Health Service's Office on Women's Health in 1996. Their mandate is to establish and evaluate a new model health care system that unites women's health research, medical training, clinical care, public health education, community outreach, and the promotion of women in academic medicine around a common mission – to improve the health status of diverse women across the life span.

Minority women in the United States represent many diverse populations. Due to socioeconomic and cultural issues as well as health systems barriers, minority women have limited access to preventative health care and diagnostic and treatment services. This brochure highlights some of the activities and programs at the CoEs that address the specific health care concerns of minority women.

Outreach

◆ Translation of Materials

Materials were reviewed to increase access to health education for non-English speaking women. CoE is translating materials into Russian, Spanish, Chinese, and Vietnamese and is developing a translation infrastructure that includes computer technology and teams of translators who work together to ensure accuracy of translations.

Contact: UCSF CoE, Tracy Weitz, M.P.A. (415) 885-3895

◆ Umoja News

CoE worked with Umoja News, a community newspaper that focuses on issues relevant to African-Americans in greater New Haven area. Initial issues of Umoja News have discussed services available to women in Greater New Haven through the Yale CoE Clinical Care Model.

Contact: Yale University CoE, (203) 737-5820
womens.health@yale.edu

◆ Breast Cancer Screening Videotape for Haitian Creole Women

CoE has begun a partnership with the American Cancer Society, Haitian-American Public Health Initiatives, Inc., and Mattapan Community Health Center to work on developing a videotape on breast cancer screening for Haitian Creole women. The videotape will be the first videotape in Creole to address the importance of mammography and breast cancer screening. The script specifically addresses cultural beliefs about self-examination and mammography, and features a Haitian breast cancer survivor.

Contact: Boston University CoE, Leslie Wright (617) 638-8035

◆ UCLA CoE Website

Website features patient education resources in Spanish.

Contact: <http://www.med.ucla.edu/womens>

◆ Indiana Black Expo Fair

Informative topics included in the fair were domestic violence, STDs, HIV education and screening, family planning information, osteoporosis, smoking cessation, and exercise demonstrations. Educational programs, materials, and

information were developed and disseminated at the annual Indiana Black Expo Fair WTLC, a radio station with a largely African-American listener base, helped promote the women's health fair program which was created by the CoE and Wishard.

Contact: Indiana University CoE, Dr. Ann Zerr (317) 630-6906

- ◆ "Cancer Awareness, Prevention and Control for African-Americans"

CoE was involved in a community partnership activity entitled "Cancer Awareness, Prevention and Control for African-Americans." Lectures were conducted on cancer prevention, control strategies, insurance availability, as well as others.

Contact: University of Maryland CoE, Dr. Claudia Baquet (401) 706-1742

- ◆ Web Site

Comprehensive and useful Web site for people seeking information on women's health issues. Web site is visited by over 1,400 people a week and it has connections to almost 500 comprehensive health links on over 32 topics. One of the new categories in the Web site will include minority health.

Contact: www.marylandwomenshealth.org

- ◆ Advertising

The CoE advertises programs and activities in a weekly paper with a largely African-American audience.

Contact: Wake Forest University CoE, Alma Wilson (336) 777-3943

◆ Health Fair

Xavier University, a historically Black College, provides a health fair at the beginning of the academic year for its students. Health screenings, health education, and referrals are offered at the fair.

Contact: Tulane/Xavier University CoE, Marcus Droker or Robin New (877) 588-5100

◆ Madison Witness Project

CoE is working with the Madison Witness Project to provide African-American women with culturally competent education on breast and cervical cancer. CoE works with the project through outreach, connecting clinicians and researchers, finding funding for educational materials, and collaborating to write grants to the project directly.

Contact: University of Wisconsin CoE, Linda Jameson (608) 265-5572

◆ Spanish Language Women's Health Outreach

CoE is working with the University of Wisconsin Department of Obstetrics and Gynecology and Meriter Hospital to problem-solve services for Spanish-speaking OB patients. Part of the effort includes working with OB/GYN residents who are fluent in Spanish, and involving them in direct outreach.

Contact: University of Wisconsin CoE, Gloria Sarto, M.D., Linda Jameson (608) 265-5572, Deb Steberg, R.N.

◆ Bilingual Spanish/English Web Page

Web page is aimed at girls and young teens as part of the CoE Web site. Patient education materials are being collected to target

both high and low literacy audiences, and will be provided at outreach events.

Contact: University of Wisconsin CoE, Linda Jameson (608)
265-5572

◆ Hmong Community Outreach

Outreach is being developed for the Hmong community by working with the University of Wisconsin-Milwaukee Nursing School faculty and staff, who are focusing their efforts in the Southeast Asian community of Milwaukee, to deliver culturally competent, community-based education.

Contact: University of Wisconsin CoE, Linda Jameson (608)
265-5572

◆ Wisconsin Public Television

CoE is working in partnership with the Wisconsin Public Television to produce a series of television specials on topics of women's health. The CoE has been involved with consulting in the development of minority participation in the advisory committee to assure that women's health issues of interest to minority women are included.

Contact: University of Wisconsin CoE, Linda Jameson (608)
265-5572

◆ Recruitment Research Handouts to Minority Health Advocates

Recruitment handouts for research studies are sent to minority health advocates with the Gathering of Women Program, which recruits underserved populations for research studies. Advocates are minority women who have been trained by Ohio State University staff to educate women in their communities about

women's health issues such as breast cancer and heart disease. Their ultimate goal is to recruit minority women to participate in research studies.

Contact: Ohio State University CoE, Tracy Zitzelberger (614) 293-6937

Alliances/Partnerships

◆ Consortium for Latino Health

The Consortium for Latino Health is a member organization of Healthcare and various community organizations who are concerned about the Latino community's access to healthcare. Meetings are currently scheduled every two months. The Consortium selects issues on which to focus as well as serves as an advocacy body. It has applied for, and received grants, most of which have been working with youth.

Contact: MCP Hahnemann University CoE, Cynthia Livingston (215) 762-8319

◆ Community Alliances

Alliances have been formed between the CoE and two African-American communities, one Asian-American community, and one Latino community to improve levels of cultural competency by working with community leaders and residents. Outreach by CoE includes improved clinical services, health education programs, mentoring, and education of CoE health care professionals. Clinicians are asked to do presentations in minority communities.

Contact: MCP Hahnemann University CoE, Cynthia Livingston (215) 762-8319

◆ Asian and Pacific Islanders for Reproduction Health (APIRH)

CoE has developed partnership with APIRH to address issues of reproductive health in Asian and Pacific Islander adolescents. Outreach and education projects were conducted, community-based research was promoted, and advocacy for and organization of low-income immigrants and refugees in California was conducted.

Contact: UCSF CoE, Tracy Weitz, M.P.A. (415) 885-3895

◆ National Asian Women's Health Organizations (NAWHO)

CoE has strong ties with NAWHO, which empowers Asian women and girls through a framework that reflects common denominators and differences within Asian-American communities, and ensures equal and adequate access to health care and life advancement opportunities. NAWHO is committed to achieving the institutional goals of advocacy, policy, research, education, and leadership.

Contact: UCSF CoE, Tracy Weitz, M.P.A. (415) 885-3895

◆ Minority Core of Harvard and Boston Public Health Commission Alliance

Minority Core of Harvard Medical School's Center of Excellence in Women's Health is collaborating with Boston Public Health Commission to use the minority Women's Health Diary as part of a process of investigating the use of comprehensive screening tool to help providers identify and address key health and related issues.

Contact Harvard University CoE (800)417-4423

◆ **Community Alliance**

The Alliance, including various groups such as UCLA Latino Alumni Association, NISHMA/Jewish Family Services, and Metamorphosis: Black Women for Wellness, meets quarterly and is hosted by the Iris Cantor-UCLA Women's Health Education & Resource Center- a component of the UCLA CoE. The meetings are varied in their focus: presentations have featured topics on outreach to minority and underserved women in the areas of mammography screening, treatment options for women at high risk for having breast cancer, new research studies, with an opportunity for participant recruitment, and access issues for health care for women in Los Angeles County.

Contact: UCLA CoE (800) 825-2631

◆ **Los Angeles County Office of Women's Health**

CoE has developed a strong association with the Office of Women's Health of Los Angeles County. This group is responsible for identifying priorities for women's health in Los Angeles County, particularly as it relates to the care of underserved women. One of the areas the CoE is contributing to is identifying educational materials, specifically for cervical cancer screening, in Cambodian, Chinese, Korean, Laotian, Samoan, Thai, and Vietnamese.

Contact: UCLA CoE (800) 825-2631

◆ **Washtenaw County African-American Health Initiative**

CoE and the Washtenaw County African-American Health Initiative are working together to address the disparities in maternal and perinatal morbidity and mortality, and to

collaborate on strategies for management of disparities.

Contact: University of Michigan CoE, Program for Multi-cultural Health (734) 647-9150

◆ Networks

CoE has met with a number of African-American leaders to discover common interests and make networking connections. A database is being developed, which will provide a foundation for the creation of a newsletter. Informal accomplishments that have stemmed from these networking efforts include individual referrals, opportunities for increased African-American participation in advisory groups and generalized outreach events, and inquiries for medical school faculty to help with reaching the African-American community for clinical trials.

Contact: University of Wisconsin CoE, Linda Jameson, Director of Community Outreach (608) 265-5572

Research

◆ Models of Health Care for Minority and Under-served Women

Article directed by Karen Freud (Boston University CoE) and co-authored by Judyann Bigby (Harvard University CoE), Delia Comacho (University of Puerto Rico CoE), Wanda Dillard (Ohio State University CoE), Ebony Hughes (Magee CoE), Sharon Jackson (Wake Forest CoE), Jacqueline Walcott McQuigg (University of Illinois, Chicago CoE), Ana Nunez (MCP Hahnemann CoE), Carl Weiner (University of Maryland CoE), Tracy Weitz (University of California, San Francisco CoE), and Ann Zerr (University of Indiana CoE).

Contact: Boston University CoE (617) 638-8035

- ◆ Step-by-Step Recruitment Guide

CoE developed a guide to assist researchers in designing their recruitment strategies. The contents of this manual were informed by a study that examined the motivation for, and the barriers to, participating in research for women of diverse backgrounds.

Contact: UCSF CoE, Beth Brown, M.A. (415) 885-7515

- ◆ Understanding the Needs of Chinese-American Women

As part of a six-CoE project to develop a gender-specific patient satisfaction questionnaire, the UCSF CoE conducted a series of three focus groups with Chinese-American Mandarin-speaking women ages 18 to 65. Results of the groups indicate that the women wanted women's health care that was holistic, as well as comprehensive, health education, counseling, availability of traditional Chinese medicine, the opportunity to participate in research, and privacy.

Contact: UCSF CoE, Jenny Chen (415) 353-7614

- ◆ Research in Teen Pregnancy in Asian Pacific Islander Population

Partnership submitted to the California Wellness Foundation with the Asian Pacific Islanders for Reproductive Health to address teen pregnancy in the Asian Pacific Islanders population. The goal of this project is to debunk the myth that adolescent pregnancy is not an issue for the Asian Pacific Islander community and to inform policy makers of the need to provide resources to support teen pregnancy efforts in this population.

Contact: UCSF CoE, Tracy Weitz, M.P.A. (415) 885-3895

- ◆ Review of Patient Education Materials

UCSF Women's Health Resource Center and the Women Care Mental Health Clinic have a library of patient education materials on topics of depression in the general population and depression in women. CoE Team reviewed materials, looking at specific factors, including "respect for patient diversity."

Contact: UCSF CoE (415) 885-3895

◆ Understanding the Needs of Russian-Speaking Women

Studies conducted to determine the specific cultural and linguistic needs of monolingual immigrant and refugee Russian women so that access to health care and communications can be improved.

Contact: UCSF CoE, Tracy Weitz, M.P.A. (415) 885-3895

◆ Body Satisfaction among Adolescent Girls of Different Ethnicities

Project seeks to address the rising prevalence of obesity in children, especially African-American and Latino youth. Utilizing both secondary data analysis and primary data collection, this project will answer the question, "what is the body satisfaction of adolescent girls participating in long-term exercise?"

Contact: UCSF CoE, Gina Moreno-John, M.D., M.P.H. (415) 502-4229

◆ Medical Effectiveness Research Center for Diverse Populations (MERC)

Research center conducts outcome research on the appropriateness and effectiveness of health services and procedures provided to minority populations. Center provides education and training opportunities in health services research, facilitates collaboration and provides technical assistance, and

disseminates research findings about the health needs of minorities and what interventions and styles of care work best for them. Current research is being conducted on cancer, cardiovascular disease, and reproductive health.

Contact: UCSF CoE, Deirdra Forte (415) 502-4078

◆ Articles and Abstracts

“Diverse Women’s Attitude’s Toward Participation in Research”

“Recognizing Asian Women”

“Expanding Research to Include Monolingual Chinese Women”

“Recruitment of Diverse Women into Research: Focus Groups with Study Recruiters”

Contact: UCSF CoE (415) 885-3895

◆ Current Studies

“Bright Beginnings: Effects of a Mentoring Program on the Health of Inner-City Young Women”

Contact: Yale University CoE, John Leventhal, M.D. (203) 737-5820

Identifying Risk Factors Influencing Glycemic Control in Older African-American Non-Insulin-Dependent Diabetics

Contact: Yale University CoE, S. Moody-Ayers, M.D. (203) 737-5820

“Menopausal Attitudes, Beliefs and Health Behaviors in Ethnic Minority Women”

Contact: Yale University CoE, K. White, M.D., M. Royce, M.D., and L. Loney, M.D. (203) 737-5820

◆ Women's Health Unit

Health services research was conducted by the CoE and has documented inequities in care for breast cancer screening and treatment for women of color and low-income women.

Contact: Boston University CoE, Leslie Wright (617) 638-8035

◆ Health Services Research Project- "Black Women Receive Less Mammography Even with Similar Use of Primary Care"

Study found that among older women, mammography is used less frequently for Blacks than for Whites.

Contact: Boston University CoE, Leslie Wright (617) 638-8035

◆ "Setting Priorities: Translating Women's Health Research Into Action"

Research conference on women's health was sponsored by the Los Angeles County Office on Women's Health. This conference had a specific focus on minority and undeserved women. Dr. Janet Pregler, Center Director of the UCLA CoE, served as the Program Co-Chair for the Conference. The UCLA CoE Community Alliance provided feedback to the planning committee regarding topics and logistics.

Contact: UCLA CoE (800) 825-2631

◆ Clinical Research

Dr. Claudia Baquet worked in collaboration with rural and urban churches, as well as an African-American newspaper, to conduct a

survey of the interest of African-Americans to participate in clinical research, especially for cancer research.

Contact: University of Maryland CoE, Dr. Claudia Baquet (401) 706-1742

◆ Women's Health Needs Assessment

Eleven focus groups were developed as part of a women's health needs assessment to help plan future services for ethnically diverse women. Groups were comprised of women from diverse age groups, ethnicities, socioeconomic statuses, geographic backgrounds, and sexual orientations. The assessment sought to determine their health care, education, and research needs. The groups included Euro-, African-, Asian-, and Native-American women, and English and Spanish speaking Hispanic women.

Contact: Wake Forest University CoE, Shellie Ellis (336) 777-3943

◆ Barriers to Recruitment of Minority Women in Research Studies and Clinical Trials

The CoE is working to identify ways to address barriers to the recruitment and retention of minority women in research studies and clinical trials. The Minority Core is working to identify strategies for recruiting minority women by conducting focus groups with women from various minority communities who reflect the diversity (racially, ethnically, culturally, economically) of the population of women hoped to be recruited into clinical trials. The focus groups will be asked to identify barriers that exist at the institutional and community levels and to make recommendations for overcoming these barriers. Strategies will be developed to recruit minority women based on these focus groups.

Contact: Harvard University CoE (800) 417-4423

◆ Clinical Trials

Focus groups are currently being held to assess the knowledge, attitudes, and beliefs among African-American women with respect to participation in clinical studies.

Contact: Tulane/Xavier University CoE, Marcus Droker or Robin New (877) 588-5100

◆ Hormone Replacement/ Menopause Survey

Surveys have been piloted in the Primary Care and Breast Health settings, focusing on knowledge, attitudes, and beliefs of the female participants on menopause and hormone replacement therapy. The ethnicity of the surveyed population is approximately 50% African-American and 50% Caucasian.

Contact: Tulane/Xavier University CoE, Marcus Droker or Robin New (877) 588-5100

◆ Early Head Start Program

Outreach program which is providing multidisciplinary research by evaluating intervention for young impoverished families. Access to health and social services are documented along with barriers. Family advocates work with target families, where logs, videotaping, assessments, and questionnaires are used for outcome measures.

Contact: University of Wisconsin CoE, Betty Chewing (608) 263-4878

◆ Experiences of Poor and Low Income Women with Breast Cancer

Objective of study is to explore the barriers that may deter access to care for poor and low-income women with breast cancer, and to promote appropriate health care policy, health service delivery, and practice. The research design uses a qualitative methodology of in-depth, narrative interviews to collect data about the experiences of the women. Study will help determine whether economic, personal, or health system barriers impede access to care, and how future research can improve outreach, health interventions, service delivery, and support for current and future populations of poor and low income women with breast cancer.

Contact: University of Illinois CoE, Center for Research on Women and Gender (312) 413-1924

◆ Recruitment Research Handouts to Minority Health Advocates

Recruitment handouts for research studies are sent to minority health advocates with the Gathering of Women Program, which recruits underserved populations for research studies. Advocates are minority women who have been trained by Ohio State University staff to educate women in their communities about women's health issues such as breast cancer and heart disease. Their ultimate goal is to recruit minority women to participate in research studies.

Contact: Ohio State University CoE, Tracy Zitzelberger (614) 293-6937

◆ Women and Minority Health Issues Committee

Committee meets monthly to discuss the recruitment and retention of women and minorities in clinical trials and to update employees on outreach and education activities in the community.

Contact: Ohio State University CoE (614) 293-6937

◆ Arab-American Association Outreach

Meeting was held between Dr. Sherif from the Institute for Women's Health, the Arab-American Association President, and Cynthia Livingston, from the CoE, to discuss outreach to women in the Arab-American community. Topics addressed during meeting included, how to effectively target Arab-American women's health care and what type of advocacy role might the CoE want to play with regard to the education of young girls and marriage. Further discussions and screenings will be conducted through the community mosque.

Contact: MCP Hahnemann University CoE, Cynthia Livingston
(215) 762-8319

◆ Health Issues for Minority Women with HIV: Junior Faculty Community Outreach Project

Project deals with health care issues important to minority women with HIV. In addition to community partnerships, collaborators in this project include the Partnership for Comprehensive Care, a nationally recognized full service center for HIV patient care, as well as its satellite in the Latino community; St. Christopher's Hospital for Children's Pediatric AIDS Center and Strawberry Mansion Health Care Center. Focus groups will delineate key health issues for these women. Culturally competent curriculum is in the process of being developed and implemented for women with HIV.

Contact: MCP Hahnemann University CoE, Dr. Ana Nunez
(215) 991-8450

Undergraduate/Graduate Education

- ◆ **Doctor-Patient Encounter**

This is a two-year course at Yale Medical School for first and second year medical students. Goals of this seminar are to promote knowledge, skills, and attitudes that give students the ability to care for any person regardless of their gender, age, culture, ethnicity, etc.

Contact: Yale University CoE (203) 737-5820

- ◆ **“Health Promotion and Disease Prevention for Diverse Communities”**

Graduate level nursing course has been planned for Fall 1999. The focus of the class is assuring that students are culturally competent with diverse groups.

Contact: University of Wisconsin CoE, Diane Lauver, R.N., Ph.D. (608) 263-5286

Faculty Education

- ◆ **“Communicating Across Boundaries: A Cultural Competency Training on Breast and Cervical Cancer in Asian American Women”**

CoE sent representatives to the National Asian Women’s Health Organization (NAWHO) Cultural Competency Trainer’s Institute to learn how to implement NAWHO’s curriculum entitled, “Communicating Across Boundaries: A Cultural Competency Training on Breast and Cervical Cancer in Asian American Women.” A survey of needs assessment of clinical providers in issues of health care to Asian women, especially immigrant populations, has been constructed and is in the

process of being pilot-tested.

Contact: Boston University CoE, Leslie Wright (617) 638-8026

◆ Addressing Barriers to Care

Boston University's hospitals 4000+ employees were educated, in a series of hospital-wide seminars, on cross-cultural health beliefs about how to deliver better healthcare to various populations. Since the patients at Boston's Medical Center are so diverse, employees need to have language abilities and education about cultural "do"s and "don'ts".

Contact: Boston University CoE, Leslie Wright (617) 638-8026

◆ Diversity Training Workshops

CoE has created a series of prejudice reduction workshops to educate staff on issues pertaining to diversity. These workshops will be incorporated into the community for volunteers and staff at community agencies serving women and children.

Contact: University of Michigan CoE, Ms. Anu Panchapakesan (734) 647-9864

Consumer Education

◆ Review of Materials for Cultural Appropriateness: Junior Faculty Project

Existing health materials related to hypertension, diabetes, and lupus are being assessed by the program manager for patient education, and they are also being assessed by the junior faculty for their cultural appropriateness to African-American women. An educational videotape script is also being developed that will address hypertension, diabetes, and lupus with respect to the

needs of African-American women.

Contact: Ohio State University CoE, Sandy Cornett, R.N.,
Ph.D. (614) 293-3191

◆ Summer Youth Shadow Program

Program provides an opportunity for inner-city youth, who are predominantly African-American, to attend a presentation where hospital employment opportunities are discussed. Speakers share information about their careers, what academic skills are necessary to perform the duties and functions of their job, and how they came to their current position. Speakers are from various departments including, security, facilities maintenance, exercise physiology, neurology, and administration.

Contact: Ohio State University CoE, Rebecca Nelson (614) 293-8357

◆ Breaking the Silence Health Tip Card Project

Socially and culturally sensitive Health Tip Cards have been developed to deal with the issues of post-reproductive life for African-American women. The Health Tip Cards emphasize the role of the woman in taking the right measures to insure the healthiest of lifestyles. Two themes prevalent in the cards are: "What You Need to Know" and "What You Can Do." Cards include a perforated tear-off portion at the bottom with a Heart Healthy recipe on one side and community resources on the other side. The cards are produced quarterly and include the following themes: Cardiovascular Disease and Women, Depression and Women, Cancers, and Issues of Aging Women. The tip cards are a featured part of the Helen O. Dickens Center in the Hospital of the University of Pennsylvania and are

distributed throughout the affiliated health system as well as through the Office of Community Affairs.

Contact: University of Pennsylvania CoE, JoAnn Binko, M.Ed.
(215) 573-3569

◆ Multimedia Educational Activities

Multimedia educational activities, including a Web site, a Web-based medical newsletter for the public called "HealthLink," a CoE brochure, as well as others, are provided to the public. Activities and information are bilingual, culturally sensitive, and targeted at an appropriate educational level for clients.

Contact: Yale University CoE (203) 737-5820
womens.health@yale.edu

◆ Breast Cancer Screening Videotape for Haitian Creole Women

CoE has begun a partnership with the American Cancer Society, Haitian-American Public Health Initiatives, Inc., and Mattapan Community Health Center to work on developing a videotape on breast cancer screening for Haitian Creole women. The videotape will be the first videotape in Creole to address the importance of mammography and breast cancer screening. The script specifically addresses cultural beliefs about self-examination and mammography, and features a Haitian breast cancer survivor.

Contact: Boston University CoE, Leslie Wright (617) 638-8035

◆ Multilingual Education Brochures

CoE is developing patient education brochures in Spanish, Haitian Creole, Portuguese and possibly Vietnamese. Topics in development include smoking cessation, menopause and hormone therapy, depression, domestic violence, osteoporosis,

lower back pain, and cervical cancer screening.

Contact: Boston University CoE, Leslie Wright (617) 638-8035

◆ Iris Cantor-UCLA Women's Health Education & Resource Center

The Center provides information and programs free of charge, on all aspects of women's health for women in the Los Angeles community. Printed materials for African-American, Latina, Asian-Pacific Islander, and lesbian women are provided. Additionally, information is available in Spanish and Asian-Pacific Islander languages on various women's health topics. A video lending library features Spanish language videos which can be borrowed from the Center free of charge.

Contact: UCLA CoE, Cindy Moskovic (310) 794-9039

◆ UCLA CoE Website

Website features patient education resources in Spanish.

Contact: <http://www.med.ucla.edu/womens>

◆ Indiana Black Expo Fair

Educational programs, materials, and information were developed and disseminated at the annual Indiana Black Expo Fair. WTLC, a radio station with a largely African-American listener base, helped promote the women's health fair program which was created by the CoE and Wishard. Informative topics included in the fair were domestic violence, STDs, HIV education and screening, family planning information, osteoporosis, smoking cessation, and exercise demonstrations.

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Contact: www.marylandwomenshealth.org

◆ A Health Guide to Improve the Health of Hispanic Women

Guide is aimed at all Hispanic women and will educate them to request needed preventative health services, to facilitate documentation of such services, and to improve provider-patient communication. Guide will come with an instruction tape and resources. Cultural appropriateness will be reviewed by various appropriate members of the minority community.

Contact: Wake Forest University CoE, Beth Dugan (336) 777-3943

◆ Women’s Health Seminar Series

Community events include minority women speakers to discuss

various health topics relevant to minority women.

Contact: Wake Forest University CoE, Kristin Kidd (336) 777-3943

◆ Minority Women's Health Diary

CoE's Minority Core is developing a health diary that women can maintain throughout their lifetimes, from adolescence to older age. The diary will focus on the needs identified by minority women, but could be appropriate for use by women from any racial/ethnic group, and will be available in several languages. The diary will be divided into sections according to the age categories: Adolescents (13-19), Young Women (20-44), Middle Aged Women (45-64), and Older Women (65 and older). Each section will generally describe what should take place in a standard "check-up" with a medical provider, and why, and will provide suggested questions women should pose to the provider. Each section will contain information about major health concerns for each age group, with explanations about preventative strategies and treatment options. This information will also be further developed into companion written and video health education materials that can be used with or without the diaries. The final content and format of the diary and other materials will be reviewed by minority women from Boston neighborhoods.

Contact: Harvard University CoE (800) 417-4423

◆ Health Fair

Xavier University, a historically Black College, provides a health fair at the beginning of the academic year for its students. Health screenings, health education, and referrals are offered at the fair.

Contact: Tulane/Xavier University CoE, Marcus Droker or Robin

New (877) 588-5100

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◆ Bilingual Spanish/English Web Page

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Contact: University of Wisconsin CoE, Linda Jameson (608) 265-5572

◆ Women's Health Patient Education Material Resource

CoE is developing resources in conjunction with Meriter Hospital's Women's and Families Center. Multicultural materials are being actively sought by a nurse educator and

librarian. A diverse community working group will be convened to review materials on a topic-by-topic basis, where an evaluation will highlight the usefulness of materials to minority women at high and low literacy levels as well as their overall outreach value. Unmet needs will be identified and feedback will be given to authors and distributing entities.

Contact: University of Wisconsin CoE, Linda Jameson (608)
265-5572

◆ EthnoMed (Ethnic Medical Guide)

This internet site provides educational materials to providers as well as the public on various health issues relating to ethnic groups who have recently immigrated to Seattle. The site contains information on cultural beliefs of the different ethnic groups, medical issues that are relevant to the recent immigrants, as well as other pertinent information.

Contact: <http://healthlinks.washington.edu/clinical/ethnomed/>

◆ Lamaze Classes

Classes include on-site community education in Lamaze, and behavioral and alternative health topics in neighborhood community centers for pregnant women who are not married and/or do not have a middle class socioeconomic status. These non-traditional classes provide a welcoming environment to single and/or teen mothers. Classes improve Lamaze access for women because they can receive information during their regular appointments at neighborhood clinics, there are increased weekend classes, and more varied locations of the Womencare Centers. Educational curriculum is continually examined so that participant requests are addressed.

Contact: Magee Women's Hospital CoE (412) 641-4747

Faculty Leadership

◆ SRI Survey of Women and Minority Faculty Regarding Retention

Survey effort to assess how well Ohio State University is retaining female and minority faculty and staff was conducted.

Approximately 800 minority women staff and faculty were surveyed. Results are in the process of being compiled.

Contact: Ohio State University CoE, Linda Bernhard, R.N.,
Ph.D. (614) 292-8336

◆ Minority Faculty Recruitment and Retention

Report has been compiled by the Committee on Minority Faculty Development that recommends that the Office of Multicultural Affairs, the Associate Dean for Faculty Development, Office for Women in Medicine and the Development Office of Yale School of Medicine should create an administrative unit to coordinate the implementation of programs to further minority faculty recruitment and retention.

Contact: Yale University CoE (203) 737-5820
womens.health@yale.edu

◆ Leadership Program

Program collaborates with the Institutions Women and Minority Committee to recruit, retain, and promote minority women faculty. Program also encourages mentoring of medical students and medical school preparatory classes.

Contact: Wake Forest University CoE, Kim Wagoner (336) 777-3943

◆ Leadership Program

Program collaborates with the Women's Institution and Minority Committees to recruit, retain, and promote minority women faculty. Program also encourages mentoring of medical students and medical school preparatory classes.

Contact: Wake Forest University CoE, Kim Wagoner (336) 777-3943

◆ Leadership Development Program

The CoE's Minority Core will provide leadership and advocacy skills training for groups of minority and disadvantaged women who will then use these skills to educate their communities about the health concerns of minority women and advocate on behalf of traditionally underserved women.

Contact: Harvard University CoE (800) 417-4423

Programs

◆ HANA (Health Advocacy for New Americans)

Programs are aimed at enhancing breast cancer awareness among the Russian speaking community of Pittsburgh by organizing community breast health events and by providing assistance for underinsured and uninsured Russian women to receive mammograms and health screenings. HANA translates brochures, breast self-examination cards, and interactive women's health journals into Russian and increases outreach efforts by distributing materials within the Russian speaking community.

Contact: Magee Women's Hospital CoE (412) 641-4747

◆ Health Advocacy of New Americans Program

Magee Womancare International will be managing breast cancer awareness and education program for the Russian speaking community of Pittsburgh.

Contact: Magee Women's Hospital CoE (412) 641-4747

◆ African-American Womancare Program

Program promotes the needs of women of color. Steering committee plans educational events for African-American women in the community, such as the African-American Women's Wellness Day. Committee also publishes an African-American Womancare newsletter.

Contact: Magee Women's Hospital CoE (412) 641-4747

◆ Improving Primary Care for Chinese-American Women

CoE is working in collaboration with investigators from Wake Forest University to translate and modify a comprehensive health education and health record tool, called a Health Guide, to make it culturally and linguistically appropriate for use with Chinese patients.

Contact: UCSF CoE, Anne Chang (650) 991-2229

◆ Urban Health Program

CoE participated in NAACP Urban Health Fair in May 1999. Events primarily targeted African-Americans and Latinos. Blood pressure screenings were performed and health promotion materials were handed out.

Contact: Yale University CoE (203) 737-5820
womens.health@yale.edu

◆ Programs for Multicultural Health (PMCH)

Program evaluates perception, accessibility, and utilization of University of Michigan Health Services (UMHS) by diverse populations. Goals of program include enhancing the accessibility and utilization of UMHS by underserved and at risk

multicultural populations, especially African-Americans (future attention will focus on Latino/a and Asian populations).

Contact: University of Michigan CoE, Program for Multicultural Health (734) 647-9150

◆ Multicultural Women's Health Day

The goal of the Women's Health Day is to supply women with tools that will give them the ability to be advocates for their own health. The Women's Health Program is working in conjunction with the Program for Multicultural Health to meet the goals for their conference. Topics for the conference will include culturally focused breakout sessions, exhibit rooms showcasing the University of Michigan and community resources, and free health screenings.

Contact: University of Michigan CoE, Women's Health Resource Center (734) 936-8886

◆ Health at the Well

Program targets African-American women in the community. A permanent kiosk at a local library provides information on specific health issues relevant to African-American women. Lectures are conducted once a month on various health topics and then followed by either a participatory session or demonstration on that particular issue the following month.

Contact: Wake Forest University CoE, Alma Wilson (336) 777-3943

◆ Living Water Prenatal Clinic

Clinic, located in the basement of a church, serves an ethnically diverse population. One-third of the patients are Hispanic, one-

third are African-American, and one-third are Euro-American. Clinic employs a Spanish-English translator who works on outreach efforts in Spanish. Such efforts include teaching clinical staff Spanish, translating materials into Spanish, and teaching health education classes in Spanish.

Contact: Wake Forest University CoE, Mac Ernest (336) 777-3943

- ◆ Expansion of The WELL Program (Women Enjoying Longer Lives)

The WELL Program is a unique preventive health care program directed towards minority, underserved, and economically disadvantaged women, 45-65 years of age, and of all ethnic and cultural backgrounds. As efforts of most outreach are geared to the “child-bearing” or elderly women, WELL seeks to reach those in between, and often at most risk, of premature death due to preventable diseases. The WELL Program is a collaborative effort between women in Boston inner-city communities, various health care providers, and even affiliated community health centers. The CoE is working to expand the WELL Program to the other CoE affiliated hospitals and community health centers.

Contact: Harvard University CoE (800) 417-4423

- ◆ Allied Drive-Dunn’s Marsh Community Neighborhood Center

CoE is working with the Center to create a community fitness program for its low-income, primarily African-American residents. The fitness program will include a walking program,

where the CoE Center Director will lead walks on some days, and a culturally competent outreach person will work to build participation, train residents in good techniques, and lead walks as well.

Contact: University of Wisconsin CoE, Linda Jameson (608)
265-5572

◆ Roseland Project

Program's goal is to increase physical activity among middle-to-older aged African-American women in the Roseland community area. Thirty 40-75 year old African-American women will be recruited into the program which will tailor exercise activities to individual situations. Women will participate in two educational sessions, two sessions with an exercise specialist, respond to questionnaires, complete and return exercise logs, and participate in self-selected exercise activities for four months.

Contact: University of Illinois CoE, Jacqueline Wolcott-McQuigg (312) 413-1034

◆ Community Advisory Board

Committee meets semi-annually and provides input and suggestions regarding the Women's Health CoE Program. Committee members represent a diverse range of our community in regard to ethnicity, socioeconomic class and geographic location.

Contact: Wake Forest University CoE, Shellie Ellis (336) 777-3943

Conferences

◆ "Women Coming Together: Bridging Cultures, Communities and Health"

Sixth annual community-based conference is sponsored by CoE to learn about and discuss health issues relevant to minority women and cultural diversity.

Contact: Ohio State University CoE, Wanda Dillard (614) 293-5972

- ◆ “Toward a Balanced Community Health System: Opportunities and Challenges”

On March 24, 1999 a conference was held, addressing issues relevant to minority women and poor women. The U.S. Surgeon General, David Satcher, spoke, with his keynote address entitled, “Toward a Balanced Community Health System: Opportunities and Challenges.”

Contact: Yale University CoE (203) 737-5820
womens.health@yale.edu

- ◆ Asian American Women’s Health Conference

One-day symposium offered lectures and literature on health issues particular to Asian-American women. Topics included integration of traditional eastern and western medicine, nutrition and diet, menopausal health, and preventative care strategies.

Contact: University of Michigan CoE, Women’s Health Resource Center (734) 936-8886

- ◆ Cultural Competency Symposium

Cultural competency symposium entitled, “Difference Matters: Medical Multiculturalism, Health, and Education” was held. Sessions included, “A Framework for Cultural Competency in Medical Education,” “A Model Curriculum,” “The Lived Experience of Difference for Providers and Patients,” and “The Challenges of Implementing Cultural Competency Curricula across the Medical Curriculum.” This conference was attended by Harvard Medical School physicians.

Contact: Harvard University CoE (800) 417-4423

◆ Minority Women's Health Conference (upcoming)

Health conferences too often focus on topics of concern to providers and do not represent the needs articulated by minority women. This conference, planned for March 2000, will address the needs of minority women and discuss personal health activities as well as community health activities.

Contact: Harvard University CoE (800) 417-4423

◆ Forums

CoE has participated in several community sponsored forums including, "Voices from the Community" which was sponsored by the Asian and Pacific Islander American Health Forum, and "Bridging the Gap: Enhancing Partnerships to Improve Minority Women's Health" sponsored by the Public Health Service's Office on Women's Health.

Contact: UCSF CoE (415) 885-3895

**NATIONAL CENTERS OF EXCELLENCE IN WOMEN'S HEALTH
MAY 2000**

Boston University Medical Center, Phone: 617-638-8035,
Internet: www.bmc.org/coewh/

University of California, Los Angeles, Phone: 800-825-2631,
Internet: www.med.ucla.edu/womens/

University of California, San Francisco, Phone: 415-885-7273,
Internet: www.itsa.ucsf.edu/~ucsfcoe/

Harvard University, Phone: 617-732-8798,
Internet: www.hmcnet.harvard.edu/coe/

University of Illinois at Chicago,
Phone: 312-413-1924, Internet:
www.uic.edu/orgs/womenshealth/index.html

Indiana University School of Medicine, Phone: 317-274-2754,
Internet: www.iupui.edu/~womenhlt/

Magee -Womens Hospital, Phone: 412-641-6003,
Internet: www.magee.edu/cewh2.htm

MCP Hahnemann University,
Phone: 215-842-7041, Internet:
<http://www.mcphu.edu/institutes/iwh>

University of Michigan, Phone: 734-763-0984,
Internet: [www.med.umich.edu/whrc/
ctr.excel.html](http://www.med.umich.edu/whrc/ctr.excel.html)

Ohio State University, Phone: 614-293-6937,
Internet: www.osumedcenter.edu/women/

University of Pennsylvania, Phone: 215-898-0147,
Internet: www.obgyn.upenn.edu/cewh/

University of Puerto Rico, Phone: 787-753-0090,

Internet: www.rcm.upr.edu/2klwhc

Tulane University and Xavier University of Louisiana,

Phone: 504-585-6156, Internet: www.tulane.edu/~tuxcoe/

Wake Forest University, Phone: 336-713-4220,

Internet: www.wfubmc.edu/women/

University of Washington, Seattle,

Phone: 206-598-8986, Internet:

www.depts.washington.edu/~uw98coe/

University of Wisconsin, Madison, Phone: 608-267-5566,

Internet: www.womenshealth.wisc.edu/

Yale University, Phone: 203-737-5820, Internet:

<http://info.med.yale.edu/womenshealth/>

OFFICE ON WOMEN'S HEALTH,
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

NATIONAL CENTERS OF EXCELLENCE IN WOMEN'S HEALTH

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